

## Start Line

Main Street north between Sealed Landers Park and the Lakelawn Motel, Yarmouth NS

## Finish Line

NSCC Burrige Campus  
372 Pleasant Street  
Yarmouth, NS

Shower and washroom facilities available with ample parking at NSCC Burrige Campus.

## Registration

Three options to pre-register:

1. In person: Runner's Attic, Main St, Yarmouth by 5 pm Friday June 9, 2017;
2. On-line: [www.atlanticchip.ca](http://www.atlanticchip.ca) by 5pm Friday June 9<sup>th</sup>, 2017;
3. Snail mail: Mail cheque to Yarmouth Marathon, c/o 6 Seminary Street, Yarmouth NS B5A 2B4 to be received by 5 pm Friday June 9<sup>th</sup>, 2017 (please do not mail cash!)

On race day you can register between the hours of 6:45 and 7:45 am.

**Cheques payable to: Yarmouth Marathon**

## Race Kits

1. Race kit included in registration fee if registered by June 9<sup>th</sup>, 2017.
2. Technical race shirt deadline is midnight May 25<sup>th</sup>, 2017 to ensure you receive a race shirt.
3. Race kit pick-up available ONLY on race day morning 6:45 – 7:45 a.m.

Website: [www.yarmouthmarathon.ca](http://www.yarmouthmarathon.ca)  
Questions? [yarmouthmarathon@gmail.com](mailto:yarmouthmarathon@gmail.com)

## Registration Fees

5k	\$20 (\$10 age 12 and under)
10	\$35
Half	\$50
Full	\$60
Relay	\$30 per person

## Relay Team Full Marathon

Runners are responsible for their own transportation to and from their start and finish points. Minimum of 2 persons on a team, choose your own distances to cover the full marathon distance.

## Water

Throughout route and approximately every 3k.

## Facilities

Portable toilets will be available along the route.

## Post-race Meal

Included in your registration fee. Extra meals \$10. each and must be pre-paid with registration.

## Prizes/Awards

Awards for different male and female categories and many draw prizes. In an effort to reduce costs there will not be race medals.

**Important:** The 10k, half and full events are for individuals 12 years of age and older. The 5k is for all ages but children under age 12 must be accompanied on the run by an adult. Participants are invited to run and/or walk. No wheels allowed (i.e. strollers, bicycles, etc).

Support is available for 5 hours after the start. After 5 hours all remaining runners will be given a reasonable chance to finish the marathon with minimal support and traffic control.

## BEAN THERE RAN THAT

June 11<sup>th</sup> 2017

Please print:

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Female  Male

Email \_\_\_\_\_

Phone \_\_\_\_\_

Shirt Size - circle one only

Youth: M L

Adult: XS S M L XL

Event:  5k \$20 (\$10 age 12 and under)

10k \$35

Half \$50

Full \$60

Relay \$30 per person

Meal included with registration fee for any event.

I would like to purchase \_\_\_\_\_ extra meal(s) at \$10 each.

Birthdate \_\_\_\_\_  
Month Day Year

Age on June 11, 2017 will be \_\_\_\_\_

In consideration of your accepting this registration, I hereby for myself, my heirs, executors and administrators waive and release any and all claims of damage I may have against the organizers and sponsors of this event, for any and all injuries or losses suffered by me at this event. I take part in this event entirely at my own risk.

Signature \_\_\_\_\_

Must be signed by parent or guardian if under age 18.

Date \_\_\_\_\_

I do not wish to have my name and personal information published in race results for the media and/or website.

## ***Join in the fun!***

Yarmouth's 7<sup>th</sup> Annual  
"Bean There Ran That"

5k

10k

Half Marathon

Full Marathon (new course)

Relay

*Proceeds to the*

## **Yarmouth Hospital Kidney Dialysis Unit**

1 in 10 Nova Scotians suffer with kidney disease. Residents of Shelburne, Yarmouth and Digby Counties can access kidney care services at Yarmouth Regional Hospital. Many patients receiving hemodialysis travel to hospital for their dialysis three times a week. Monies raised during this event support kidney dialysis patients in our community.

*Community helping community!*

***To date the Yarmouth Marathon has donated over \$25,000 to support the many needs of dialysis patients and their families in South West Nova Scotia.***

## ***Course Description***

This route is by far the freshest, most scenic and beautiful route in Yarmouth County. The route is relatively flat with a few small hills and will be well marked. All runners will head out on the same route toward the Yarmouth Lighthouse along the picturesque Lighthouse Route. The route is along the back of Yarmouth harbor.

**5K** - turn at the designated mark on the Grove Rd

**10k** - turn around at the designated 5k mark just past the Overton ball field.

**Half** - will pass the Fishermen's Monument and go through the small fishing village of John's Cove, past John's Cove beach to the turn-around at the lighthouse and will return along the same route to finish on a hill (Hibernia Street) leading to NSCC Burrige.

**Full** - follow the same route as the half and NEW this year - will turn around on Vancouver St and run back to the lighthouse and return to town (2 loops). Once back on Vancouver St runners will finish by going south on Main St, turn left on to Herbert St, up to Pleasant St and turn left to finish at NSCC Burrige.

### **PLEASE NOTE:**

- All runners must present themselves to check-in/ registration at Burrige Campus on Sunday morning.
- All runners start at the same time and location on Main Street (see start line information).
- All runners finish on a hill (Hibernia Street) leading to Burrige Campus with the exception of the full marathon and relay teams.

## ***Yarmouth, Nova Scotia***

***7<sup>th</sup> Annual  
5k, 10k, Half Marathon,  
Marathon (new course)  
and  
Team Relay***

***~~~ A Boston Qualifier ~~~***



**YARMOUTH MARATHON**  
Charity Event for the Yarmouth Kidney Unit

**JUNE 11<sup>th</sup> 2017**

**8:00 a.m.**

NSCC Burrige Campus  
372 Pleasant Street  
Yarmouth, NS

***Come run THE BEAN!***